

Sohki Iskewew

Saskatoon



Sohki iskewew - (Strong women) The Saskatoon/Treaty 6/Traditional Homeland of the Metis site has continued to work with 8 young Indigenous women to explore and navigate the colonial and gendered violent context that we survive and exist in. Empowered by each other and our Nehiwayan and Michif ways,

these young women continue to explore self-love as our first form of resistance. Currently, we have made ribbon skirts that were accompanied by teachings around rape-culture, our bodies, and traditional protocols. We have also participated in a full moon ceremony that strengthens our spirits and bonds us as

women. We will be co-authoring an anthology of poetry, spoken word, and visual art showcasing our hopes, dreams, and experiences. Prayer and ceremony lead our sessions, we know that our ancestors prayed for us to be together to do this work. We continue to listen and learn from each other! Hiy hiy ekosi!

